



Welcome Students!

Welcome to a new academic year at the University of Alaska Fairbanks! We would like to thank you for participating in our on-campus dining program. We are excited to introduce you to this year's repertoire of delicious meal options, which includes a contemporary, crowd-pleasing selection of many of your favorite foods along with some of our own tasty specialties.

This dining guide has been designed to act as a quick reference to all of our services, so keep it handy throughout the year and enjoy all that we have to offer. We look forward to serving you!

Your UAF Campus Dining Services Team

Campus Dining Meal Plans

In order to meet your dining needs at all the dining locations on UAF campus, we have designed the following all NEW and EXCITING meal plans for the 2007-2008 academic year.

Platinum **\$1595**
UNLIMITED All-You-Care-To-Eat meals at Lola Tilly Commons with \$75 in Munch Money

Gold **\$1575**
UNLIMITED All-You-Care-To-Eat lunch or dinner meals at Lola Tilly Commons with \$100 in Munch Money

The Denali Block Plan **\$1845**
250 All-You-Care-To-Eat meals with \$200 in Munch Money

The Talkeetna Block Plan **\$1860**
200 All-You-Care-To-Eat meals with \$350 in Munch Money

The Nanook Block Plan **\$1875**
150 All-You-Care-To-Eat meals with \$500 in Munch Money

Upper Classman Block Plan **\$900**
(Availability Limited) 75 All-You-Care-To-Eat Meals with \$100 in Munch Money

Please keep in mind the NEW Block Plans were created with added flexibility, allowing you to eat breakfast, lunch or dinner in an "All-You-Care-To" style as well as keeping you well equipped with Munch Money to enjoy food campus wide!

Meal Cards

Selection of a Campus Dining Services Meal Plan entitles you to use your ID Card as purchasing power equivalent to the plan you have selected.

Simply present your card as the method of payment to the cashier for each purchase. At Lola Tilly Commons, we will deduct a Block Meal Credit and at all retail outlets, we will deduct from your Declining Balance Account. Remember, your ID card is your method of payment. You must have your card in your possession at the time of purchase.

Welcome, Guests

Have a guest over for dinner! All new Block Plans will allow you to bring a friend or family member for any meal simply by using an extra block meal.



Lost Your Meal Card?

Lost or stolen ID Cards can be replaced. Should this happen to you, please notify the Polar Express Office immediately and make arrangements for a replacement card. You can find the Polar Express Office on the second floor of the Eielson Building.

Dietary Requirements & Sick Trays

Do you have particular dietary needs? No problem! Our Campus Dining Services Program can accommodate your special dietary requirements. For more information, please contact Jeff Pellissier and/or Chef Don Mastroni at the Lola Tilly Commons.

Dining Policies & Procedures

One of our main goals is to provide a pleasant, clean, comfortable and satisfying dining experience. In order to meet this goal, we ask for your assistance with the following procedures:

- Please bus your tray and disposables from your table when you have finished dining.
- Please refrain from taking food, dishes or utensils from the dining area.
- Remember that meal cards are non-transferable. Meal cards cannot be used by anyone but the meal plan purchaser.
- One meal credit is equal to either one meal in the dining room, or one "To GO" container with one fountain beverage. No leftovers are to be removed from the dining room.

Seconds Anyone?

You never have to be too shy to ask for seconds with our Campus Dining Program. Our generous policy allows for a second helping of many menu favorites within the Lola Tilly Commons. All you have to do is ask! Please note, however, our seconds policy excludes Premium Meal Theme nights like Steak Night.

Catering Services

We are pleased to be able to offer a full repertoire of catering services as part of our Campus Dining Program. From simple parties and bountiful buffets, to elaborate dinners and elegant events, our Catering Department can be the solution to your special event needs. For more information, call the Catering Manager, Jessica Leider.

Campus Dining Employment

Earn extra income while on campus, make friends, have fun and learn something by being a Campus Dining Services employee. We offer flexible hours to fit your class schedule, competitive wages and the benefit of working "close to home." Interested students should stop by the Main Dining Services Office in Lola Tilly to fill out an application for employment.





The Perfect Time To Dine

Our dining program has been designed with you in mind. Flexibility, varied hours and a choice of dining locations will all enable you to find the perfect place at the perfect time. Please refer to our dining schedule when planning your meals.

Lola Tilly Commons

Monday - Friday
Lunch 11:00am - 2:30pm
Lite Lunch 2:30pm - 4:30pm
Dinner 4:30pm - 8:00pm

Saturday & Sunday
Brunch 10:00am - 2:00pm
Dinner 5:00pm - 8:00pm

Wood Center Food Court

Monday - Friday
Breakfast 7:00am - 11:00am
Lunch and Dinner 11:00am - 7:00pm

Polar Perk Espresso and Bakery

Monday - Friday 7:00am - 10:30pm
Saturday & Sunday 12:00pm - 5:30pm



Pizza Piazza and Sub Arctic Subs

Monday - Friday 11:00am - 10:30pm
Saturday 12:00pm - 10:30pm
Sunday 12:00pm - 9:30pm

West Ridge Cafe

Monday - Friday
Breakfast 7:00am - 11:00am
Lunch 11:00am - 3:00pm

Campus Cache

Monday - Friday 7:00am - 12:00am
Saturday & Sunday 12:00pm - 12:00am

Freshens Smoothies

(located in the bookstore)
Monday - Friday 10:00am - 4:30pm

TVC Polar Perk Downtown*

Monday - Friday 7:45am - 6:00pm
**Closing times vary based on Class Schedules at TVC*

At Your Service


It will be our pleasure to offer you the best that Campus Dining has to offer. We wish you the very best for your academic year, and of course, happy eating!



Call Us!

Traisha Raymond Retail Director 907-474-7033	Jeff Pellissier Resident Dining Manager 907-474-6822
Linda Bahr General Manager 907-978-3682	Don Mastroni Executive Chef 907-474-6822
Jessica Leider Catering Manager 907-474-6820	Christina Zachares Retail Manager 907-474-5315



 **Balance Mind Body Soul** is a holistic or integrated approach to wellness and fitness that considers the whole person. Fitness and wellness are a balance of lifestyle choices and events—*physical, mental and emotional*. It is not about fads or fad diets. It is about maintaining balance in one's life.

Each month Sodexho Campus Services features a new range of topics which are available on site and in more depth at www.balancemindbodysoul.com.

University of Alaska FAIRBANKS

DINING GUIDE

2007-2008

